



Next Prayer:

1 2



A Swimmer's Prayer
 Dear God, another swimming meet
 Is scheduled for today
 I'm going to be quite busy
 So I won't have long to pray.



Bless my Mom, Dad, and Coach
 And keep us close to you
 Let the friends I make today
 Be loyal, good, and true.



Please help me not forget you God
 Each time I take the blocks
 I sometimes get distracted by
 The noise and all the clocks.



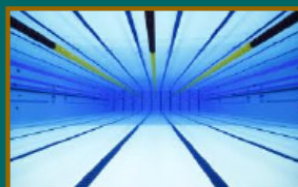
Let my starts and turns be quick
 My arms and legs be sure
 And help my strokes be smooth and strong
 To help me to endure.



Help me find the confidence
 I've struggled for so much
 So I can find the shortest way
 From start to final touch.



And when the droll computer
 Writes my times across its face
 Please let me not think win or lose
 But how I swam the race.





Next Prayer:

1 2



Swimmers Prayer

*I dive off the block
my head in a rush
the cold water brings me a shock*

*Kicking my feet as fast as I can
I can't slow down
number one is my plan.*

*Faster and faster
there's no stopping now
second place would be a disaster.*

*Reaching the wall; one more lap
i flipturn now
my feet hit the wall with such a slap.*

*I'm almost there
in my own little world
I say my last prayer.*

*My fingers touch the wall
the time is stopped
I know i gave it my all.*

*Pulling myself out of the water
I hear my dad yell
"That is my daughter."*

*The world stopped as I look at my time.
Yes first place!
Victory is mine.*

*But swimming is not medals and win
its the passion in me
the rush against my skin
the very reason why I swim.*



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